

***World Trade Center National Responder Health Program  
Federal Works Medical Release Form Instructions***

Listed below are instructions for completing the Federal Workers Medical Records Release Form. This form should be used if you a monitoring exam through the program that was set-up by Federal Occupational Health.

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**Step 1 – “Health Information”** – This section needs to have one of the choices checked in order for the release form to be valid. The selection that is most widely selected is “All Healthcare Information. If you choose not to select “All Healthcare Information”, one of the box(es) will need to be selected.

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**Step 2 – Expiration Date** – In bullet number three, underneath the health information selections, you will need to complete a date on the line provided. This date should be one year from the date that you are completing the form.

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**Step 3 – Signature** – The medical release form must be signed by you as the member. In addition, you will need to write in the date that the form has been signed and a daytime phone number in case we need to reach you with questions.

The additional signature at the bottom of the form is to be used if the member cannot sign the form themselves. The member's legal representative can sign this form and mark their relationship to the member. **This is only to be used if the member cannot sign the form themselves.**